

What to Wear to an Interview

Tips for All Gender Identities

- Think Conservative: Dress more conservative and formal for an interview because you want to look as professional as possible. There is no such thing as "overdressing" for an interview - unless you wear a ball gown or tuxedo of course! Avoid loud colors and distracting patterns.
- Polish Your Look: Personal appearance is of prime importance and includes cleanliness, fresh breath, conservative haircut, clean and trimmed nails, and clean glasses.
- Perfumes/Colognes: If used, a minimal amount should be applied. DO NOT overuse; these can be overpowering to the interviewer.

What to Wear - MALE

- Suit: Invest in a solid/pinstripe business suit that is preferably navy or gray (but black is acceptable); single-breasted, two-piece variety. Have it tailored to your measurements. Do not look like a kid with oversized (or undersized) clothing. Wear a white cotton shirt with straight or button down collar and a simple design tie.
- Polished Shoes: Dark dress shoes and dark socks to match your suit is best. Make sure your socks are high enough so that no skin shows when you sit down.
- Facial Hair: Shave the same day of your interview. If you normally have facial hair, trim it nicely. Also style your hair for a polished look.
- Jewelry: We recommend no earrings. Avoid wearing an excessive number of rings and/or chains.

What to Wear - FEMALE

- Suit: A conservative suit with a skirt no higher than one inch above the knee. While pantsuits are almost universally acceptable, some conservative fields such as banking, investments and law may expect the more traditional skirt suit.
- Keep it simple. Don't wear too much makeup, jewelry or heels that are too high. Be mindful of nail polish - if worn, it should be neutral and non-distracting in color.

